



LIONHEARTED LUXURY LEISURE RETREATS

Step into a world where relaxation meets inspiration, where pampering meets personal growth, and where luxury is intertwined with purpose. Lionhearted Luxury Leisure Retreats offer a unique escape for those seeking a transformative and indulgent experience like no other. Nestled in breathtaking destinations, our retreats are carefully curated to provide you with the perfect balance of rest, rejuvenation, and enrichment. Whether you crave serene solitude, meaningful connections, or an opportunity to expand your horizons, our retreats are designed to cater to your desires. Join us on a journey of self-discovery, surrounded by opulence and guided by purpose, as we redefine what it means to truly retreat.

“The journey of travel is not just about discovering new places; it's about connecting with different cultures, learning from diverse perspectives, and retreating into the depths of your own soul.

Anita Desai

Lionhearted Luxury Leisure Retreats is thrilled to announce our upcoming retreat destinations, offering an array of enchanting experiences in stunning locations. In 2024, we invite you to bask in the sun-kissed beauty of the Gold Coast, discover the hidden gems of the Bellarine Peninsula in Melbourne, embrace the coastal charm of the Sunshine Coast, find serenity at Great Mackerel Beach, and explore the pristine wilderness of Tasmania. Each retreat promises a blend of relaxation, personal growth, and luxury, ensuring an unforgettable escape.

But our journey doesn't stop there. In 2025, we're embarking on a global adventure to explore the famed Blue Zones and the concept of Ikigai. Our international retreats will take you to places like Japan, where you can immerse yourself in the lifestyles and philosophies that contribute to long, healthy, and purposeful lives. Join us on these transformative journeys as we strive to bring you the essence of wellness and fulfillment from around the world. Your path to self-discovery and well-being awaits with Lionhearted Luxury Leisure Retreats.

Lionhearted luxury leisure retreats

Wellness and Self-Care

Our retreats prioritise your well-being, offering opportunities for relaxation, rejuvenation, and self-care. You'll have access to spa treatments, meditation sessions, yoga classes, and wellness workshops designed to nourish your body and soul.

Connection and Networking

foster connections, both with oneself and with others. Attendees will have the chance to form meaningful relationships, network with like-minded individuals, and build a supportive community that extends beyond the retreat experience.

Personal Growth and Development

We believe in the power of personal growth, and our retreats provide a platform for self-discovery and enrichment. Attendees can engage in workshops, discussions, and activities aimed at enhancing self-awareness, resilience, and personal development.

Business Development and Elevation

For those seeking business growth and professional elevation, we offer opportunities to foster entrepreneurial connections, enhance leadership skills, and elevate your career or business to new heights..

Outcomes

Personal Transformation:

Experience personal growth and transformation and gain insights, develop new perspectives, and discover inner strengths. The combination of wellness activities, self-reflection, and expert guidance can lead to enhanced self-awareness and a deeper sense of purpose.

Meaningful Connections:

Offering a unique environment for forming meaningful connections. Whether it's connecting with like-minded individuals, establishing professional contacts, or building deep personal relationships, the connections made during retreats often endure long after the experience.

Enhanced Well-Being:

The focus on wellness and self-care at our retreats can result in improved physical and mental well-being. Participants often leave feeling rejuvenated, relaxed, and equipped with tools and practices to sustain a healthier lifestyle.

Professional Advancement:

For those seeking business or career growth, our retreats provide opportunities for professional development and networking. Attendees can gain insights, skills, and connections that can lead to career advancements, new business ventures, or enhanced leadership abilities.

What we offer



Exploration and Connection

We invite you to explore the beauty and culture of our chosen retreat destination. Immerse yourself in local traditions, savor exquisite cuisine, and form meaningful connections with fellow participants. Engage in wellness activities and cultural experiences that will open your mind to new horizons.



Personal Growth and Development

Focus on your personal growth and development. Through workshops, guided discussions, and activities, you'll embark on a journey of self-discovery, enhanced self-awareness, and the acquisition of valuable skills. Whether it's meditation and wellness sessions or personal growth workshops, this stage is designed to empower you with tools for a more fulfilling life.



Business Elevation and Networking

We offer business-focused workshops and networking opportunities for those seeking professional growth. Elevate your career or business to new heights with specialised sessions designed to enhance leadership skills, foster strategic connections, and provide you with insights to excel in your field.





Jeanette Allom-Hill

Jeanette Allom-Hill is the 2020 Winner Telstra Businesswomen's Awards. She is the Chair of Tourism Noosa and a board member for the Sunshine Coast Businesswomen's Network. She is the CEO of a consulting business working exclusively with Boston Consulting Group proving advise to Federal Government. She is the CEO of the NFP organisation, Lionhearted Foundation that is changing the face of leadership for a more diverse future.

Jeanette has worked in the private sector for over 15 years holding senior roles in Optus, NBN, Microsoft and Boston Consulting Group. Jeanette has spent the last 12 years working across the depth and breadth of government from Prime Minister and Cabinet to the Sunshine Coast Council. She is currently studying for her PHD on resilience and recovery in times of change.

investment
Retreat dependant

When
Quarterly

Where
Australia wide

Who should attend

Lionhearted Luxury Leisure Retreats are open to individuals from all walks of life who aspire to rejuvenate, grow, and connect. Whether you're seeking personal transformation, cultural enrichment, wellness, professional advancement, meaningful relationships, or simply a tranquil escape, our retreats offer a tailored experience to fulfill your desires and aspirations. Join us to embark on a journey of self-discovery and empowerment in exquisite settings around the world.

Experience and expertise



To find out more go to
www.lionheartedfoundation.com

