



LIONHEARTED LIFE PROGRAM AUSTRALIA

The Lionhearted Life Program is a transformative three-day series of ten workshops designed to empower individuals seeking to boost their self-confidence, foster meaningful connections, discover their life's purpose, and cultivate the courage needed to lead a fulfilling existence. Through a carefully curated blend of practical tools and experiential learning, this program equips participants to find their authentic voice and navigate life's challenges with grace and ease. Whether in personal or professional spheres, the Lionhearted Life Program promises to unlock one's full potential and pave the way for a more empowered and purpose-driven life.

“ Empowering women to focus on their lives isn't just about personal growth; it's a catalyst for global success, for when women thrive, the world prospers.

Jeanette Allom-Hill

In collaboration with the renowned Gallup institute, we've meticulously crafted the Lionhearted Life Program that is specifically tailored to address the unique challenges and aspirations many women face in both their personal and professional lives.

Through a series of workshops and discussions, this program provides women with the tools to boost their confidence, strengthen their relationships, and tap into their true potential. It encourages women to find their authentic voices, navigate obstacles with resilience, and build the courage needed to pursue their dreams and ambitions.

By attending this workshop, women can join a community of like-minded individuals, share experiences, and gain invaluable insights that will empower them to lead more fulfilling and purpose-driven lives, while also fostering a sense of sisterhood and support.

The true power lies in the implementation of these learnings back into women's lives to facilitate lasting, positive, and transformative change.

Lionhearted life program

Confidence

Gain a deep understanding of your unique strengths and capabilities through the Gallup Strengths Assessment. This assessment lays the foundation for crafting an elevator pitch that communicates your true potential to the world.

Commitment

Unlock the power of purpose using the Ikigai framework. Find that sweet spot where your passion, mission, vocation, and profession converge, guiding you towards a fulfilling and purpose-driven life.

Connection

Explore the profound connection between self, body, and others. Discover how cultivating this connection can enrich your relationships, enhance your well-being, and boost your overall life satisfaction.

Courage

Develop the courage to find your voice and express yourself authentically. Embrace your unique perspective, ideas, and aspirations, and navigate life's challenges with resilience and conviction.

Outcomes

Confidence Boost:

Gain a renewed sense of self-confidence by identifying and leveraging your unique strengths.

Deeper Connections:

Forge authentic connections with yourself and others, fostering more meaningful and fulfilling relationships in your personal and professional lives.

Purposeful Living:

Discover your life's purpose, aligning passion, mission, vocation, and profession to create a roadmap for a more meaningful and purpose-driven existence.

Courage to Speak Up:

Develop the courage to find your voice, enabling you to express yourself authentically, navigate challenges, and advocate for your ideas and values confidently.

Actionable Toolkit:

Gain actionable strategies to elevate both personal and business aspects of your lives.

Alumni Support:

Become part of a powerful network of women, offering ongoing support, connections, and opportunities to continue your growth and make a lasting impact together.

What we offer



The lionhearted life series

In ten workshops over three half-days, we provide a practical toolkit to elevate both your life and business, covering self-discovery, relationships, purpose-driven living, and the courage to lead.



Private coaching

In a private coaching session, we work together to create a personalized action plan tailored to your goals and aspirations.



The lionhearted alumni

Lionhearted alumni harness the support and connections of a dynamic network of powerful women, empowering them to achieve greatness together.



Jeanette Allom-Hill

Jeanette Allom-Hill is the 2020 Winner Telstra Businesswomen's Awards. She is the Chair of Tourism Noosa and a board member for the Sunshine Coast Businesswomen's Network. She is the CEO of a consulting business working exclusively with Boston Consulting Group proving advise to Federal Government. She is the CEO of the NFP organisation, Lionhearted Foundation that is changing the face of leadership for a more diverse future.

Jeanette has worked in the private sector for over 15 years holding senior roles in Optus, NBN, Microsoft and Boston Consulting Group. Jeanette has spent the last 12 years working across the depth and breadth of government from Prime Minister and Cabinet to the Sunshine Coast Council. She is currently studying for her PHD on resilience and recovery in times of change.

investment

\$1450

When
Monthly

Where
Across Australia

Who should attend

The Lionhearted Life Program is ideal for individuals who are committed to personal and professional growth, seeking to boost their confidence, enhance their relationships, discover their life's purpose, and develop the courage to lead. It's a valuable experience for women, who aspire to tap into their full potential and become part of a supportive community of like-minded individuals.

To find out more go to
www.lionheartedfoundation.com

Experience and expertise

