



# LIONHEARTED LEADERSHIP SERIES

Welcome to the Lionhearted Leadership Series, a transformative journey that emboldens individuals to unleash their inner courage, resilience, and unwavering determination to lead with purpose and conviction. In this series, we delve deep into the essence of lionhearted leaders, drawing inspiration from the indomitable spirit of the lion, known for its fearlessness and unyielding commitment to its pride. Through insightful discussions, inspiring stories, and practical insights, we aim to equip you with the tools and mindset needed to navigate the challenges of leadership with unwavering strength and grace, ultimately empowering you to become a beacon of courage in your personal and professional endeavors. Join us on this transformative odyssey as we explore what it truly means to lead with a lionheart.

“ Empowering women with the skills to lead isn't just about equality; it's about unleashing a force for positive change that can transform the world. When we invest in women's leadership, we unlock a wellspring of innovation, empathy, and resilience, propelling us toward a brighter, more inclusive future where solutions are diverse, and progress knows no bounds.

*Jeanette Allom-Hill*

Introducing the Lionhearted Leadership Series, a groundbreaking collaboration with the prestigious Mind and Neuroscience Institute. We've meticulously crafted a comprehensive program that spans three empowering days, accompanied by four enriching months of workshops, all aimed at elevating your leadership capabilities to unprecedented heights. This transformative journey embraces the holistic essence of leadership, nurturing your body, mind, heart, soul, and spirit to cultivate the essential qualities of compassion, courage, and unwavering capability. With a profound focus on developing these attributes in leaders, our series equips you with the Lionhearted Leadership Framework, an invaluable toolkit for success in both leadership and business. Join us on this extraordinary voyage where we'll unlock the lionheart within you, empowering you to not only lead but to inspire, innovate, and thrive as a true visionary in today's dynamic world of leadership.



# Lionhearted leadership program

## Mental and Physical well-being

Explore strategies to reduce burnout, manage mental wellbeing and Nutrition's role in sustaining energy and mental clarity understanding of how hormones can impact leadership. uncover the powerful language of the body, exploring non-verbal communication and its significance in leadership effectiveness.

## Leading with Heart

Learn how to Balance Compassion with Capability explore a Lionhearted Leadership Model that explores today's leadership traits that deliver results and foster a more inclusive and inspiring leadership approach.

## The Power of Your Mind

Unlock the potential of the mind, focusing on NLP techniques to enhance leadership skills. delve into the psychology of leadership, self-awareness, and the power of language in shaping leadership narratives. learn how to harness the subconscious mind to achieve their leadership goals.

## Conscious Leadership

lead with intention, awareness, and ethical consideration. Insights into the principles and practices of conscious leadership and the long-term impact of conscious leadership on organisations and society.

# Outcomes

## Comprehensive Skill Set:

Gain a holistic leadership toolkit covering body, mind, heart, and soul, enhancing your competence in diverse leadership scenarios.

## Expert Mentorship:

Access top-tier executive leaders as mentors, specializing in burnout prevention, NLP, conscious leadership, and Lionhearted leadership.

## Transformative Insights:

Acquire powerful strategies for reducing burnout, harnessing the mind's potential, and leading with empathy and compassion.

## Lionhearted Framework:

Receive a proven framework for leadership success, empowering you to excel in your professional journey.

## Diverse Network:

Connect with a nationwide community of leaders, fostering collaboration and lifelong support.

## Impactful Leadership:

Develop the skills and mindset to make a lasting, positive impact on your organization and the world.

# What we offer



## The lionhearted leadership series

Emerge after 3 days with a transformed leadership mindset, fortified with the wisdom, skills, and Lionhearted Leadership Framework necessary to fearlessly lead with compassion, courage, and unwavering capability, ready to make a profound impact on their organisations and the world.



## Group coaching

Over the course of four transformative months, participants will engage in monthly group coaching sessions led by seasoned executive leaders and experts in burnout prevention, NLP mastery, conscious leadership, and the Lionhearted leadership approach, providing invaluable guidance and mentorship to empower their personal and professional growth.



## The lionhearted alumni

Having an Australia-wide alumni of leaders by your side as you embark on your leadership journey offers a profound network of support, diverse perspectives, and a wealth of experience that can serve as a guiding light to help you find your unique voice and unlock your full leadership potential.



# Jeanette Allom-Hill

Jeanette Allom-Hill is the 2020 Winner Telstra Businesswomen's Awards. She is the Chair of Tourism Noosa and a board member for the Sunshine Coast Businesswomen's Network. She is the CEO of a consulting business working exclusively with Boston Consulting Group proving advise to Federal Government. She is the CEO of the NFP organisation, Lionhearted Foundation that is changing the face of leadership for a more diverse future.

Jeanette has worked in the private sector for over 15 years holding senior roles in Optus, NBN, Microsoft and Boston Consulting Group. Jeanette has spent the last 12 years working across the depth and breadth of government from Prime Minister and Cabinet to the Sunshine Coast Council. She is currently studying for her PHD on resilience and recovery in times of change.



investment  
\$2450

When  
Quarterly

Where  
Across Australia

## Who should attend

The Lionhearted Leadership Program is ideally suited for:

**Aspiring Leaders:** Individuals who are looking to step into leadership roles and want to develop a strong foundation for effective leadership.

**Current Leaders:** Experienced leaders seeking to enhance their leadership skills, resilience, and ability to lead with compassion.

**Managers:** Those in managerial positions aiming to refine their leadership capabilities and improve team dynamics.

**Entrepreneurs:** Business owners and founders looking to cultivate leadership qualities to drive their ventures to success.

**HR Professionals:** HR practitioners interested in promoting leadership development and organizational growth.

**Anyone Committed to Growth:** Individuals from various fields who are dedicated to personal and professional growth, with a desire to make a positive impact through leadership.

## Experience and expertise



To find out more go to  
[www.lionheartedfoundation.com](http://www.lionheartedfoundation.com)

